

PRAISE IN ACTION

A Practical Workbook

A companion workbook to [Your Neighbor & Praising God](#) by Matthew Belleville, of [Reformed Expressions](#).

In our examination of Psalm 146, we discovered that praise involves the whole man and his entire life, all the time. It is more than praying and singing. Praise to God requires fulfilling the tasks He has given us to do with all of our being. This workbook is designed to help you find ways to praise God in practical ways.

PART 1: YOUR COMMUNITY & YOU

DESCRIBE YOUR LOCATION AND ITS DEMOGRAPHIC:

ex: suburban area with retirees, country with homesteaders, etc.

HOW DOES YOUR COMMUNITY INTERACT?

ex: regular community events, online forums, neighborhood get-togethers, etc.

WHICH GROUPS/INDIVIDUALS IN YOUR COMMUNITY HAVE INFLUENCE?

List specific non-profit organizations, businessmen, groups, local authorities.

WHAT SKILLS, ASSETS, INFORMATION, ETC. ARE AT YOUR DISPOSAL?

This could include areas of expertise/training, giftings, resources (time, money, transportation), etc.

HOW MUCH TIME DO YOU HAVE?

You may want to divide this into time at home (preparation), commuting (learning), and assisting.

PART 2: THE OPPRESSED & NEEDY

WHO ARE THE OPPRESSED & NEEDY IN YOUR COMMUNITY?

List any who are oppressed, hungry, prisoners, blind, bowed down, sojourners, widows, or orphans

HOW ARE THEY BEING SERVED RIGHT NOW?

Think of individuals and groups helping the people you listed above.

WHO IS NOT BEING SERVED RIGHT NOW?

List anyone who isn't being served or you're unsure of.

WHAT ARE THE NEEDS NOT BEING MET?

Focus on those mentioned in the last question, but you can also mention the needs of other groups.

PART 3: TAKING ACTION

HOW COULD YOU MEET THE NEEDS OF THOSE NOT BEING SERVED?

Consider your skills, but also think of other creative solutions ex: talking to shut-ins on the phone, helping with meals and groceries, etc.

WHICH OF THOSE DO YOU GRAVITATE TOWARD?

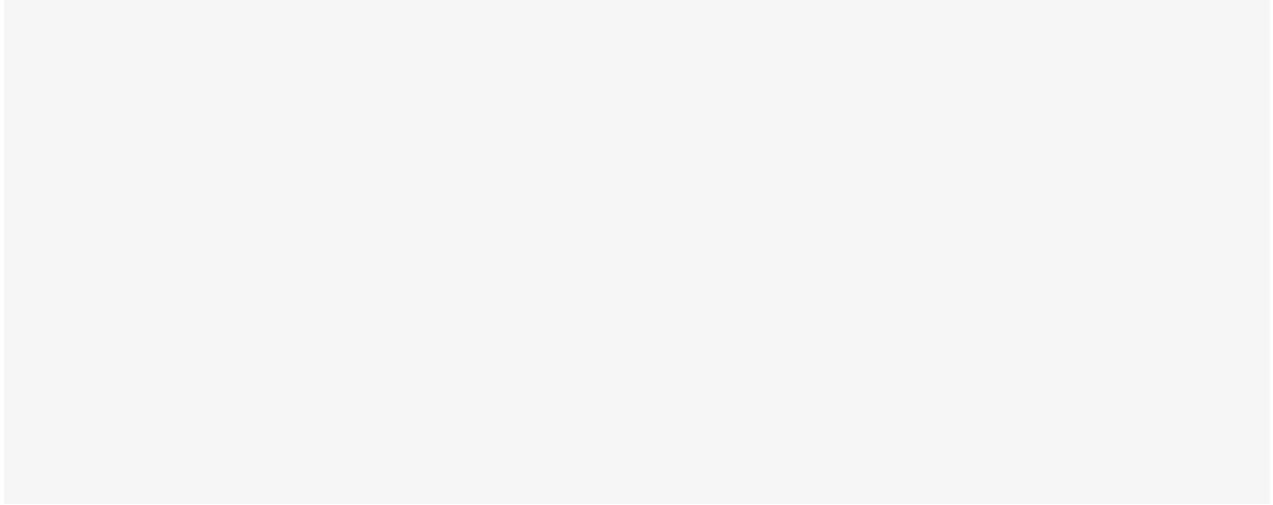
List 3-5 needs you could meet immediately, overlap with your current situation, interest you, etc.

WHO IS SERVING THESE GROUPS ALREADY?

For the needs you listed, is anyone serving the same group(s) but in other ways?

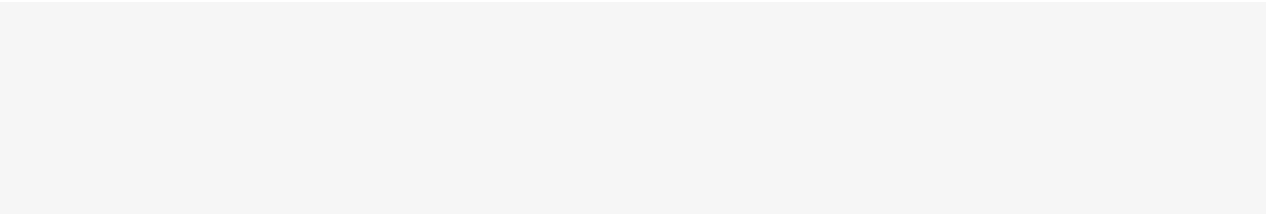
GATHER MORE INFORMATION

Contact those who are already helping and ask them what they think about the needs you came up with. Do they have plans to help? Get details or ask why not. How would they recommend you address those needs? Ask others who are meeting those needs in other communities.



WHO COULD YOU MOBILIZE TO HELP AS A GROUP?

ex: members of your fellowship, an FB group of action minded individuals (not necessarily Christian), Christian social media groups in your area, etc.



MAKE YOUR PLAN

Now, list the next 7-10 steps you will take to help meet the needs of those in your community.

